

## RESOURCE INFORMATION

**ACA (Affordable Care Act aka Obamacare) Navigators:** Call 1-855-733-3711 to make appointment.

**Assistive Technology:** <http://www.ncexchange.org/home.php> is a good site in NC for people who can afford to pay something for used equipment.

**Disposable Items:**

Unopened and opened packs of adult incontinence supplies accepted by:

1. CAARE, 214 Broadway St, near the intersection with Rigsbee Ave. downtown close to the McDonalds and YMCA; (also, accepts unopened bandages, tape; maybe other items not listed); offers free health clinic; 919-683-5300
2. Durham Center for Senior Life, 406 Rigsbee Ave, downtown close to McDonald's and YMCA; enter off of Hunt St., MT Fore, director of Adult Day Health @ 919-682-0215 x125

Unopened oxygen tubing, masks, cannulas, syringes with saline, hypodermic syringes, urinary catheters

1. Watts Hospital School of Nursing for their practice lab; contact Peggy Walters @ 470-7344.

**DME Online Supplier:** <http://www.jdcsupplies.com/> to buy high quality, and VERY inexpensive equipment with a 2-day turnaround.

**Duke Benefits Enrollment Center** will help low-income individuals find benefits available for them. Using web-based tools and person-centered approaches, the Benefits Enrollment Center help low-income seniors and applicants with disabilities find and enroll in all the benefits programs for which they are eligible, and create coordinated, community-wide systems of benefits access. The BECs focus on connecting people to these core benefits: Medicare Part D Extra Help/Low-Income Subsidy (LIS), the Medicare Savings Programs, Medicaid, the Supplemental Nutrition Assistance Program (SNAP - formerly known as Food Stamps), the Low-Income Home Energy Assistance Program, among others.

BECs are supported with funding from the Medicare Improvements for Patients and Providers Act (MIPPA), administered through the U.S. Administration for Community Living (ACL). Since their inception in 2009, the BECs have helped over 650,000 individuals identify more than \$589 million in benefits they were eligible for, but missing out on. Duke University Division of Community Health has launched a new Benefits Enrollment Center, covering Durham, Person and Granville counties. We invite you to visit our website ([www.benefitscheckup.org/nationalcenter](http://www.benefitscheckup.org/nationalcenter)) to learn more about the system we use and the benefits we work with. Contact Liliana Marin Beachak, Benefits Specialist, at 919-681-7356.

**Eyeglasses:** Durham Lion's Club accepts used eyeglasses; contact Paul Silverman (919) 544-0199 (h) or 688-4047 (w); Catherine Chickos, O.D., located at Costco Optical Shop, 1510 N. Pointe Dr, 919-220-2741 x1; closed on Monday but accepts used eyeglasses for needy patients here and abroad when she goes on medical mission trips.

**NC ID Card - No-Fee Program:** After January 1, 2014, you will be able to apply for a free NC identification card to be used for voting (but can be used for ID purposes). To qualify, you will need to:

- Prove your age and identity.
- Prove your NC residency.
- Be registered to vote in North Carolina.
- Not have a valid driver license.

**Hearing Aids:** the following website has instructions on donating hearing aids. It certainly seems simple.

<https://www.starkeyhearingfoundation.org/programs?gclid=CPq2rKip1MgCFZYXHwodsMQDBQ#/hearingaidrecycling>

1. Place the hearing aid in a crush-proof box, old pill bottle or other secure package.
2. Mail to: Starkey Hearing Foundation  
ATTN: Hearing Aid Recycling  
6700 Washington Avenue South  
Eden Prairie, MN 55344
3. Please include your name and address where you would like a donation receipt sent.

**Mattresses:** Used mattresses can be donated if the exterior is a non-permeable surface that can be sanitized; if buying a mattress, fiber is the best, foam is next and innerspring is the lowest quality per Steve Shear, DME coordinator, Kights Medical Company.

**Wheelchairs: (2 special kinds are listed below)**

1. Senior Wheels USA information provided by: Durham System of Care; 800-246-6010; [www.seniorwheelsusa.com](http://www.seniorwheelsusa.com); works to help seniors and people with disabilities prepare paperwork for getting a medically necessary power wheelchair (your physician will need to sign a prescription for your wheelchair); no income guidelines, but in order to get the wheelchair free of charge must have Medicare Part B or private insurance (HMO patients, or those in hospice care or living in nursing homes are ineligible); the goal of Senior Wheels USA is to help those regain mobility in their homes because they've lost the ability to walk unaided and can't manipulate a manual wheelchair; people not meeting all program requirements might be able to get a donated wheelchair. Call and leave your name and phone number so that a case manager can call you back.
2. Shower Buddy information provided by: Durham System of Care; 877-769-2833; [www.myshowerbuddy.com](http://www.myshowerbuddy.com); distributes a special ergonomic wheelchair that enables the user to transfer from bed to chair to shower or bathtub, with less effort and only one transfer; special seat enables user to roll over to and position that seat above the toilet for use without transferring to the toilet seat.